



Calabogie Peaks Ski Trip **Friday January 27, 2023**

We are excited to announce the return of our annual ski trip to Calabogie Peaks Ski Resort! Hopefully, winter will bring us fluffy piles of snow in time for our trip. All students, family, and friends of Lakeshore School are welcome to join us for the day.

All students / participants between Kindergarten and Grade 4 must be accompanied by an 18+ skiing chaperone (parent, older relative, family friend, etc.) for safety and supervision reasons.

All Lakeshore School students must participate in a short lesson and/or competency test to have access the chair lifts independently. Adults, older siblings, and chaperones are not required to take this lesson.

Date: Friday, January 27th, 2023.

Arrive: Lakeshore School 6:30 a.m.

Departure: Lakeshore School at 6:45 a.m.

Return: Depart Calabogie at 3:30 p.m to arrive at Lakeshore School at approximately 5:45 p.m.

Transportation: School bus or supply your own transportation.

Cost: The cost of this trip is dependent upon your choices. Please complete and return the bottom portion of this form as well as the appropriate Calabogie waiver form.

Lakeshore Student Ski Pricing: \$45 for lift, lesson, and rental package.

Adult Ski Pricing: Lift ticket only \$45
Lift & Rental Package \$75

Bus: Participation dependant. Estimate: \$25 per person

Participation: Forms are due January 12th. Please Select one option below

*** You must fill out the attached Rental Form for each participant needing rentals ***

My child, _____, **will not** be skiing and will be attending Lakeshore School on January 27. (Students not attending school or the trip will be recorded as absent.)

I / We will be attending the Calabogie Peaks Ski Trip. Our participants are listed below.

Participant 1 _____ Rentals Y or N
Lesson Y or N
Bus Y or N
IF RENTING: Height ____ Weight ____ Shoe Size ____

Participant 2 _____ Rentals Y or N
Lesson Y or N
Bus Y or N
IF RENTING: Height _____ Weight ____ Shoe Size____

Participant 3 _____ Rentals Y or N
Lesson Y or N
Bus Y or N
IF RENTING: Height _____ Weight ____ Shoe Size____

Packing List

Bagged lunch and/or money for the cafeteria
Full water bottle – 500mL or larger please
Winter jacket
Snow pants
2 pairs of gloves
Extra pair of socks
Wind protection for your face (balaclava, scarf, mask, etc.)
Toque
Sunscreen and lip balm
Goggles or Sunglasses
Ski equipment (if applicable)
A book or quiet activity for the bus (optional)

Parent's Check List:

- Complete the student information page (appendix 1B) including accurate height, weight, and shoe size. Please check over your rental form twice to ensure all info is accurate!
- Read the Skier's Alpine Responsibility Code of conduct over with your child.
- If your child will be attending school on the ski day, please notify the office or your child's teacher by selecting that option on Page 1.
- Peruse the Ski Ontario Safety Regulations document: <https://skiontario.ca/resources/>

I give permission for my child, _____ to attend the January 27th, 2023, ski trip with Lakeshore School staff, parents, and volunteers. I have read over the Calabogie Peaks Skier's Alpine Responsibility Code with my child and have packed the items listed.

Parent / Guardian _____ Date _____

APPENDIX 1b



SPECIAL WINTER EXCURSION FORM / PARENTAL CONSENT

Participant Name: _____

School Name: _____

Select Activity: Skiing Snowboarding Snowshoeing Other _____ Elective Day

Ability: Non Beginner Intermediate Advanced Date of Visit: _____

Non Skier or Non Snowboarder	First time skiing/snowboarding. Individual has never skied or snowboarded before.
Beginner	The student has skied or snowboarded once or twice or a few times per year and has experienced and maintained control on a number of novice hills of varying difficulty. He/she is able to stop and turn both directions with some success. They are comfortable on green/beginner and some blue/intermediate slopes. May need assistance with getting on or off the lifts.
Intermediate	The student has skied or snowboarded on many occasions and has experienced a variety of hills and different ski areas. He/she can turn and stop under control using recognized formal techniques. They can ski/board with confidence on blue slopes and possibly some black/advanced slopes.
Advanced	The student is an experienced and competent skier or snowboarder. He/she has received formal instruction, knows and understands the Alpine Responsibility Code and can demonstrate ability at an advanced level. Such students can be called upon to assist supervisors.

IF RENTING EQUIPMENT, PLEASE COMPLETE

AGE

HEIGHT

WEIGHT

SHOE SIZE

Rental Helmet Required Yes No

Please include the named participant in the PARK program offered only to Advanced level skiers/ snowboarders.

It is suggested that you and your son/daughter view the Smart Style safety video found at: www.terrainparksafety.org. In addition each ski area may have other requirements for entering their terrain park.

RENTAL EQUIPMENT

Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases. Parents must accept responsibility for equipment that is lost or damaged (other than reasonable wear and tear).

Signature: Parent / Guardian _____

ALPINE RESPONSIBILITY CODE

The Ontario Snow Resorts Association has produced an Alpine Responsibility Code which the named ski area _____ and the named school board _____ requires that you know and obey.

Skiers/snowboarders must always ski/snowboard in control and be able to stop and change direction to avoid collisions with people or objects.

The named ski area _____ may revoke a lift ticket for violation of the code or other unacceptable conduct.

All participants must wear an appropriate snow sport helmet for school excursions to OSRA member facilities.

OSBIE recommends that schools adopt a mandatory snow sport helmet policy regardless of ski facility locations.

ACKNOWLEDGEMENT / INFORMED CONSENT

This signed form is required for all students who wish to participate in this outdoor recreation and snow sport education program. It should be understood that the purpose of this excursion is educational. Lessons are mandatory.

INHERENT RISK

Skiing/Snowboarding/other is a sport with physical demands and inherent risks which are beyond the control

of _____ and _____
 (Name of School Board) (Name of Ski Area)

The inherent risks include, but are not limited to: falling; use of lifts; collision with natural or man-made objects or other persons; changing weather conditions; changes or variations in the terrain or surface; exposed rocks, earth or ice; travel beyond the trail boundaries. Incidents may occur which result in serious injury or death. Participants **must assume** the inherent risks of the sport.

It is strongly recommended by the Ontario Snow Resorts Association that you visit their website: www.skiontario.ca to review the complete OSBIE document and safety information on this site prior to your school visit. Following all rules and procedures can reduce the risk of injury. Failure to follow the rules will result in the student losing their lift ticket and future resort privileges.

We have read and understood the above information, and agree to the regulations as outlined by the Ontario Snow Resort member Ski Area. I give my son/daughter permission to participate in the above noted activity at the ski area indicated.

Parent / Guardian Name _____

Signature _____

Date _____

